**Kemptville District Soccer Club 7 v 7 Rules 2010**

**Senior Youth and Women’s House League**

**Revised 2017**

**NOTE – *Unless otherwise stated, the FIFA laws of the game are to be applied***

**General:**

All players must register with the Kemptville District Soccer Club prior to participating in their first game.

All players must be recorded (name and shirt number) on a game sheet and that game sheet presented to the referee prior to the game. This is a requirement due to insurance requirements for both players and referees. If no game sheets are provided the referees will not officiate the game.

The CSA policy on Thunder and Lightning will be adhered to.

Policing/eliminating the use of profanity is the responsibility of the team coach(es), however on the field of play the referee may take appropriate action against profanity.

The coaches and team captains are the only individuals allowed to discuss any game situation with the referee if done in a respectful and reasonable manner preferably at halftime or at the end of the game. However the referee will not discuss any decision that is based on an interpretation of the Laws of the game.

All coaches are instructed to not have players standing in the opponent’s penalty area (“cherry picking”), when the ball is on the other side of the field and is not being kicked forward by the offense.

To avoid forfeits, registered players are eligible to play on another team. The upper limit will be capped at (9) players so the shorthanded team will have at least one substitute. If there are less than the 7 players available for one team, then the coaches are encouraged to play based on the number of players available, equally for both team…i.e. 6v6 or 5v5.

Players, coaches and referees will remember that fun, friendship and fitness are the goals of this league.

Players are expected to stay in control of their own forward motion for the safety of themselves and others.

Referees will make an effort to educate players to the laws of the game as circumstances allow

A red card will be cause for an automatic ejection. Players receiving a red card must sit out the next league game. Depending on the reason for the red card and/or any previous misconduct, additional discipline including further suspension may result in accordance with the OSA Policy. Two (2) yellow cards in one game will result in a red card being issued. All cautions and dismissals will be referred to the KDSC disciplinary chair for appropriate follow up.

**Field of Play**

Large Mini fields, as designed by Club. This will include a penalty area and markings as in full field.

**The Ball**

The ball size is a number 5

**The Number of Players**

A match is played by two teams consisting of not more than **7 players** one of which is a goalkeeper \*(i.e. six field players and one goalkeeper).A match may not start with less **than 5 players**

Teams need a minimum of five players to start the game or a forfeit is declared. All teams have a ten-minute grace period after the designated start time to field minimum five players. If both teams have minimum five players by the designated start time, the referee will start the game.

If one team is playing with less than seven players the other team can field a full seven and is not required to play down in numbers.

Substitutions can be performed at any stoppage during the game with the referee’s permission to substitute.

**The Players’ Equipment**

All team members must have same color jersey to play. Different shades of the same color will be acceptable however, each must have a unique number.

Appropriate soccer or athletic shorts must be worn. No shorts with pockets, belt loops etc., are allowed.

All players must wear shin guards and socks covering the entire shin guard.

Shoes must be approved soccer shoes or safe footwear appropriate to the field conditions.

No jewellery can be worn. Earrings, watches, necklaces and bracelets must be removed (this also includes any hard hair pieces).

**The Referee**

If no referee is present at scheduled game time and no replacement can be found, teams may elect to play without a referee by mutual consent.

**The Assistant Referee**

When there are no assistant referees, teams should provide a person who will assist the referee in indicating that the ball is out of play.

**The Duration of the Match**

A game will consist of (2) two halves: U14 - (35) thirty- five minute halves and U18 - (45) forty-five minutes halves.

The breaks between the halves will be (5) five minutes.

Teams shall change ends of the field at the start of the second half.

If the air temperature exceeds 32 C the halves may be divided into quarters with a 2 minute water break.

**The Start and Restart of the Game**

After temporary suspension of play, either for injury or another reason, the ball shall be placed in play by a "drop ball", if neither team is in clear possession. Drop balls must touch the ground before being played. If either player touches the ball before it hits the ground, the drop ball shall be repeated.

All goal kicks will be taken from the end line within 10 yards of either side of the goal post. The ball must leave the penalty area before it can be played and considered in play. If touched before it leaves the penalty area, the kick will be retaken.

A goal kick cannot be kicked directly over the halfway line, it must be touched by another player or bounce before crossing the line. If it is kicked directly over the line an indirect free kick is awarded to the opposing team at the halfway line. The same applies to any kicking of the ball out of their penalty area.

**The Ball in and out of Play**

The Ball is out of play when it has completely crossed the plane of the touch line (sides) or goal line (end).

Players are encouraged to use the honour system on out of bound calls. All disputed calls will be left to the discretion of the referee.

When the ball crosses a touch line it is put back into play by a Throw In. When the ball crosses the goal line it is put back into play if it has not entered the goal by either:

a. a corner kick, if last touched by a defensive player

b. a goal kick if last touched by an offensive player.

**Method of Scoring**

A goal is scored when the entire ball has passed completely over the plane of the goal line.

A Goal may be scored during play directly from a:

• direct free kick

• . penalty kick

• corner kick

• kickoff

•

A goal **may not** be scored during play directly from a:

• drop ball

• indirect free kick

• goal kick or a kick from a team’s penalty area

• free kick into a team's own goal

**Offside**

There is **no off-side** unless a player is camping-out in the opponent’s penalty area

A player may be out of bounds and legally play a ball which is on the line or at the field of play

**Fouls and Misconduct**

No slide tackles are allowed in this league. An intentional slide tackle will result in a red card being issued

An indirect free kick will be awarded if the goalkeeper, once the ball is under control, holds the ball for more than 6 secondsbefore they release the ball into play.

There will be no “time-outs” for players receiving a yellow card.

All other fouls and misconducts will be applied as per FIFA Laws of the game (LOTG)

**Free Kicks**

All free kicks will be called per FIFA LOTG

All opposing players must allow 10 yards clearance from the placement of the ball for any free kick (except when the ball is within 10 yards of the penalty area) until the ball is kicked.

**The penalty Kick**

Penalty kicks will be taken at the penalty mark (a spot 12 yards from the center of the goal line). All players must be at least 10 yards from and behind the placement of the ball and outside the penalty area until the ball is kicked.

The goalkeeper’s feet may not leave the line until the ball is kicked, but they may move laterally along the line.

**The Throw in**

As per FIFA LOTG

The Goal Kick

As per FIFA LOTG

The Corner Kick

As per FIFA LOTG

**Glossary**

FIFA –Fédération Internationale de Football Association

LOTG – Laws of the Game

CSA – Canadian Soccer Association

OSA – Ontario Soccer Association

KSDC – Kemptville District Soccer Club

Club – Kemptville District Soccer Club

Policies listed in these rules can be found on the KDSC’s website